

Materials:

Light weight worsted

Size 8 Needles - Circular(s) or size required to obtain gauge

Gauge:

24 sts and 18 rows = 4"

Finished size:

20" (22") circumference x 14" long

Size for men is in parenthesis.

**Directions:**

Cast on 91 (101 stitches). Join, being careful not to twist the stitches. Place a marker to note the beginning of each round.

Garter Stitch edging:

Round 1: Purl

Round 2: Knit

Repeat these 2 rounds 2 more times.

Round 7: Purl

Body:

Round 1: *K9, P1, *, repeat from *to* .

(IMPORTANT: the last stitch of each round will not come to the marker. The result is that the purl stitches create a diagonal line spiraling to the right. However, continue to count rows by each time you pass the marker and end on a row that ends with "P1" as the last stitch before the marker.)

Continue knitting in the K9, P1 pattern until piece measures 13" from cast-on edge.

Garter Stitch edging:

Round 1: Purl

Round 2: Knit

Repeat these 2 rounds 2 more times.

Round 7:

Bind-off loosely.

Weave in ends